



The Book of ENOCH

KONA LODGE ESOTERIC STUDIES

SPIRITUAL ALCHEMY FOUNDATION OF ENLIGHTENMENT INC.



Who is Enoch?

“And Enoch also, the seventh from Adam, prophesied of these, saying, Behold, the Lord cometh with ten thousands of his saints, To execute judgment upon all, and to convince all that are ungodly among them of all their ungodly deeds which they have ungodly committed, and of all their hard speeches which ungodly sinners have spoken against him.” –The Holy Bible (Jude 1:14–15, KJV)

More than just the seventh son from Adam in the Holy Bible, and son of Jared, Enoch is an enigmatic figure in mystical and religious traditions. According to Timothy Hogan, Enoch means “initiate” and equals 555 in Gematria (Hogan, 2024). While the Ethiopian Bible preserved the Book of Enoch, numerous copies were also found in the Dead Sea Scrolls in Qumran (Sarna et al., 2025). Extending further into the apocalyptic writing of the time, the Book of Enoch influences orthodox religious thought as much as mystical and esoteric exploration.



Mekabah Mysticism

The Book of Enoch was popular among Merkabah Mystics, as Dr. Justin Sledge, YouTube content creator and mystic academic, outlines that the complexity of defining “mysticism” in Merkabah literature could be difficult and the phenological progenitors of the Merkabah and Hekhalot literature were authors of the Book of Enoch (Sledge, 2025). Dr. Sledge outlines how Hekhalot literature tells the reader how to become divinized (ReligionForBreakfast, 2020). It was likely written in Aramaic, translated into Greek, and then Ethiopic, with Aramaic versions being found with the Dead Sea Scrolls (ReligionForBreakfast, 2020).

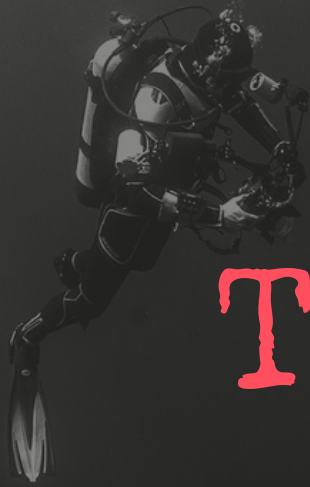


Church fathers like Irenaeus and Justin Martyr have used and referenced First Enoch, and Tertullian “even defends the book’s authority and in the noncanonical epistle of Barnabas 4:3, Enoch is referred to as scripture” (ReligionForBreakfast, 2020). Augustine and Jerome had rejected Enoch by the fourth century, and the seventh and eight centuries Enoch predominantly remained popular in Ethiopia alone (ReligionForBreakfast, 2020). Enoch might also be referenced in the Holy Quran as Idris, or Elijah, and Muslim Scholars still debate on the Quran meaning of “raised to a sublime station” (ReligionForBreakfast, 2020). In one Hadith, the Prophet reports having met Idris in the fourth Heaven during his seventh Heaven ascension (ReligionForBreakfast, 2020).





Apotheosis vs. Theosis



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According to Britannica, apotheosis is defined as “elevation to the status of a god,” and “from Greek apotheoun, “to make a god,” “to deify” (Britannica Editors, 2025).

According to an article in The Melios, theosis refers both to “man’s initial vocation to salvation” and “Eastern Orthodox theology sees theosis as “acquiring godly characteristics, gaining immortality and incorruptibility, and experiencing communion with God” (Fairbairn, 1998). So a laymen argument could be that apotheosis is like becoming god where theosis is like walking with God, subjectively speaking from limited definitions. Orthodox and conservative Christian religious arguments have been made stating that anything dwelling too far into theosis will likely lead to apotheosis. Evangelical followers quietly suffer in silence as they fear things more than they admit, mostly including the much needed shadow work they refuse to encounter. This is what I gathered from anecdotal information as an Independent Ordained Minister (2021–2026) for the National Association of Christian Ministers LLC, an Evangelical Christian community.





On the other end of the fence you have New Thought. “New Thought, a mind-healing movement, based on religious and metaphysical presuppositions, that originated in the United States in the 19th century” which “may be traced to a dissatisfaction on the part of many persons with scientific empiricism and their reaction to the religious skepticism of the 17th and 18th centuries” (Britannica Editors, 2024). New Thought is a syncretism of Platonism, Hegelianism, Eastern religions like Hinduism, and Transcendentalism (Britannica, 2024). Movements like these outline how ideas could never really die, being that Christian Gnosticism continuously returns to the mainstream ideological rebirth of revolutionary ages.

ENOCK: The Man, the Myth, the Legend

So who was Enoch? Was he a man, a myth, a title, or a persona one assumed to write under prophetic channeled information? Academics like Dr. Price has stated that the Books of Enoch he is not sure if the books of Enoch “came from visionary literature or gave rise to it,” (MythVision, 2026). On that episode, Dr. Price also talks about a NASA author’s book, The Spaceship of Ezekiel by Josef F. Blumrich, describing how the events of the Holy Bible in the Book of Ezekiel could have been a spaceship. Those same arguments have been echoed in modern day in television series like Ancient Aliens and those alike. Dr. Price also mentions how the Holy Bible has books within itself telling the same stories, like the books of Ezekiel, Daniel, and Zachariah, and how multiple ancient religious texts have echoed the same ancient astronomical truths (MythVision, 2026).





Biblically, Enoch is associated with judgement of the wicked at the end of an age, as Jordan Maxwell has pointed out numerous times in his literature and discussions; the end of days is related to the end of an age, according to his interpretative lens, as outlined on a Jordan Maxwell YouTube fan page (Maxwell, 2026). Maxwell also outlines the interesting historical context of the term “Lucifer” being largely eisegesis rather than exegesis, when Orthodox Religions demonize teachings antithetical to their agenda and tools of control. Whether one is seeking apotheosis, theosis, or ancient mystical literature for academic or entertainment value, the Books of Enoch are sure to fulfill whatever the reader is seeking, idiosyncratic reactions should be expected for all seekers. Perhaps the Spirit of Enoch and it’s authors is what is most important to focus on, rather than literal or lethargically dogmatic presupposing biases are applied. Maybe Enoch was a man, a real person, or just an archetype for spiritual, religious, and mystical authors throughout the ages. Perhaps, like most things in this world, Enoch is simply what each and every one of us makes of it, and maybe that was the author’s intent after all.

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